North Ayrshire Carers Appreciation card: Participating Businesses
Please note that terms and conditions vary from business to business. To be eligible for discounts you must adhere to the terms and conditions at all times. You must present your Carer's Appreciation Card to gain discounts and offers on each visit.

### **ARRAN BASED BUSINESSES**

Name	Address	Contact Details	Locality	Description	Discount/Offer
A Touch of Enchantment Ltd	The Old Courthouse, Cladach, KA27 8DE	01770 307 327	Arran	Gift Shop with a sprinkle of Arran Magic! A cornucopia of gifts and homeware as well as our own design of model kits, ancient board games, faerie door kits and more!	15% discount on production of the Carers Appreciation Card (not available with any other offer).
Arran Active	Shore Road, Brodick, Arran, KA27 8AJ	01770 302 113	Arran	Stocking the biggest range of outdoor clothing, equipment and accessories you'll be hard pushed to find a better stocked store! You'll find our store on the seafront of Brodick bay on the breath-taking Isle of Arran, often known as 'Scotland in Miniature'.	10% off in store purchases (some exclusions may apply, ask in store for details).
Copperwheat Coffee House	The Pier, Brodick, Arran, KA27 8AX	01770 303 522	Arran	Cafe on the pier in Brodick, fresh food, home baking and great views.	10% off food and drink from café menu. **Max of 4 people per transaction, including carer.**

Lamlash Bay Hotel	Shore Road, Lamlash, Arran, KA27 8LU	01770 600 844	Arran	The Lamlash Bay Hotel is a shore- front, family-run, dog-friendly hotel, centrally located in the village of Lamlash on one of Scotland's most beautiful and easily accessed islands, The Isle of Arran. Only a 7- minute drive from Brodick Ferry Terminal, the hotel is situated just 150 yards from the beach and has unique panoramic views over the bay to the Holy Isle. All rooms are en- suite and free Wi-Fi is available throughout the hotel. Our bar lounge stocks a wide range of beers, ales, and malts and an impressive collection of gins and yodkas too. We	10% off direct bookings.
				stocks a wide range of beers, ales,	
				mouth-watering pizzas from our stone-based oven.	

Pierhead	The Pierhead	01770 600 418	Arran	The Pierhead Tavern, or PHT as it is	15% off standard
Tavern	Tavern,			more commonly known, is a	menu (special menu
	Lamlash,			welcoming, family-friendly bar and	not included).
	Arran, KA27			restaurant in Lamlash, Isle of Arran.	
	8JN			We run a traditional warm,	
				welcoming, family-run business in	
				Lamlash, Isle of Arran. Seating up to	
				80 customers inside and has a roof	
				terrace, with stunning views of	
				Lamlash Bay & Holy Isle. Welcoming	
				all visitors including families and	
				larger groups.	

## **IRVINE BASED BUSINESSES**

Name	Address	Contact Details	Locality	Description	Discount/Offer
Fullarton ConneXions	Fullarton Connexions Café: Church Street (off Marress roundabout), Irvine, KA12 5AE	01294 273 741	Irvine	Social enterprise and community outreach project. We run a cafe, provide meeting and events space and hospitality, facilitate community interest groups, mental and physical health and wellbeing and a volunteering programme.	We offer a free hot or cold drink and piece of baking to carers attending the cafe with their cared-for person, during opening hours of 10am - 2pm Tuesday to Thursday.
The Riverside Lodge Hotel	46 Annick Rd, Irvine KA11 4LD	01294 279 274	Irvine	Welcome to our refined retreat in the heart of Irvine, Scotland, where centuries of history seamlessly blend with contemporary comfort. We extend a warm welcome to all our	20% off the A la Carte menu - not available in conjunction with any with any other offer.

Bella Mani	136 High Street, Irvine,	01294 277952	Irvine	guests. Nestled amidst the captivating landscapes of Irvine, our hotel beckons with a promise of tranquillity and sophistication.  Whether you're here for business or leisure, our meticulously designed accommodations, coupled with genuine hospitality, offer a haven of relaxation and charm. Discover the allure of Irvine as you embark on a journey of comfort, culture, and captivating experiences at our distinguished hotel.  Hair/Nails/Beauty therapists based in Irvine	10% discount in salon
The Brae	KA12 8AH 26 Townfoot, Dreghorn,	01294 537720	Irvine	The Brae Restaurant and Bar found in the small Ayrshire village of Dreghorn	20% off food from our restaurant menu -
	Irvine, KA11 4EG			close to Irvine. We are proud to be independent and family owned. The	**maximum of 4 people per transaction
				Brae is perfect for that intimate dinner, small celebrations, family	including carer**.
				gatherings or any special occasion.  We welcome families and dogs in our	
Cunninghame	Unit 68,	0800 221 8083	Irvine	bar area where you can dine.  We are a working social enterprise	10% off in store
Furniture	Heatherhouse	0000 221 0003	I II VIII IG	with charitable status. CFRC is a free	purchases (some
Recycling	Industrial			and convenient service for those who	exclusions may apply,
Company	Estate, Third			want to dispose of furniture in a moral way. With a reuse rate of over	ask in store for details).

FishX (Fishing and Tackle)	Avenue, Irvine, KA12 8LT  29 Eglinton Street, Irvine, KA12 8AS	01294 274 255	Irvine	95% for all furniture donated, CFRC offer a new home to furniture donated and are also a valuable resource for those looking to furnish their home on a budget.  Are you a game or coarse angler, a fly fisherman, predator specialist, sea angler? You'll find all the leading manufacturer fishing tackle you need right here!	5% off in store purchases (some exclusions may apply, ask in store for details).
Coast Restaurant @Gailes Hotel	Marine Drive, Irvine, KA11 5AE	01294 204 040	Irvine	Nestled in the heart of Ayrshire, the four-star Gailes Hotel & Spa is one of Ayrshire's premier wedding venues, home of the stunning Si! Spa, and a sensational family run hotel with 42 luxury bedrooms and suites.  Renowned for its welcoming staff and exemplary service, guests at The Gailes will enjoy a most memorable stay.	This offer entitles the holder to 15% off food only from our A la Carte menus. Vaid from 12pm daily. Not valid in conjunction with any other offer or discounts. Offer does not include any drinks. Not valid on group menus for tables of 12 or more. Promotional menus are excluded from this offer i.e. set menus, fixed price menus and key dates (include but not limited to Valentine's Day, Mother's Day, Father's

					Day and Christmas Day).
GGs Coffee Shop and Sports Lounge @Gailes Hotel	Marine Drive, Irvine, KA11 5AE	01294 204040	Irvine	Nestled in the heart of Ayrshire, the four-star Gailes Hotel & Spa is one of Ayrshire's premier wedding venues, home of the stunning Si! Spa, and a sensational family run hotel with 42 luxury bedrooms and suites.  Renowned for its welcoming staff and exemplary service, guests at The Gailes will enjoy a most memorable stay.	This offer entitles the holder to 15% off food only from our a la carte menus. Vaid from 12pm daily. Not valid in conjunction with any other offer or discounts. Offer does not include any drinks. Not valid on group menus for tables of 12 or more. Promotional menus are excluded from this offer i.e. set menus, fixed price menus and key dates (include but not limited to Valentine's Day, Mother's Day, Father's Day and Christmas Day).
Irvine Cycles	23 Eglinton Street, Irvine, KA12 8AX	01294 272 712	Irvine	We are a bricks and mortar company having been on the High Street selling bikes since 1969. We are located in Irvine. The same shop and workshop where Graham Obree built his world record breaking bike that broke the hour record twice. As you	10% off on all cycle purchases at manufacturer's RRP, 15% off all equipment purchases at manufacturer's RRP, 10% off cycle servicing.

La in a Oh a		0400404457		can probably guess in the last 45 or so years, we have built up expert knowledge in the cycle world, so if you want a bit of advice before ordering then just email or call us.	door off all name in in
Irvine Shoe Repairs	89 High Street, Irvine, KA12 0AL	01294 311 157	Irvine	Here at irvine shoe repairs we offer a fast, pleasant and premium service which is affordable to all our clientele. Once your in, you wont look back.	10% off all repairs in store.
John Stewart Jewellers	Rivergate Shopping Centre, Irvine, KA12 8EH	01294 277 357	Irvine	John Stewart Jewellers has been home to a wide selection of watches and jewellery since it was formed in 1987.	10% (sale items, repairs and Nomination Collection not included).
Lawthorn Taxis		01294 222 207	Irvine	Private hire taxi	10% off journeys with valid card.
Old Loans Inn	31-33 Main Street, Loans, KA10 7EX	01294 204 040	Irvine	An award winning hotel, country pub and restaurant on the outskirts of Troon in the quaint village of Loans with everything you could need for your next visit to Ayrshire. The Loans enjoys 20 luxury rooms and suites for guests to enjoy as they soak up the exceptional Scottish hospitality at this former coaching inn.	This offer entitles the holder to 15% off food only from our a la carte menus. Vaid from 12pm daily. Not valid in conjunction with any other offer or discounts. Offer does not include any drinks. Not valid on group menus for tables of 12 or more. Promotional menus are excluded from this offer i.e. set

The Potting Shed @Si!  Kilwinning Road, Irvine, KA12 8RU  Kana are themselves part of the collection.  Time on the first Monday of every month from 10.00am until 11.30am so visitors can enjoy a calmer opening of the Linthouse building.  The Potting Shed at Si! serves the very best artisan food from full holder to 15% off food Scottish breakfasts, boozy brunches, only from our A la Carte	Scottish Maritime Museum	Linthouse Building, Harbour Road, Irvine, KA12 8QE	01294 278 283	Irvine	The Scottish Maritime Museum was founded in 1983 and based in the West of Scotland with sites in Irvine and Dumbarton, the Scottish Maritime Museum holds an important nationally recognised collection, encompassing a variety of historic vessels, artefacts, art, fascinating personal items and the largest collection of shipbuilding tools and machinery in the country. The buildings and sites which the Scottish Maritime Museum occupies	menus, fixed price menus and key dates (include but not limited to Valentine's Day, Mother's Day, Father's Day and Christmas Day).  The Scottish Maritime Museum is pleased to continue to support the Carers Appreciation Card and the Carers Gateway. All carers when accompanying a fully paying day ticket holder or museum members card are admitted free of charge. We also schedule a 'Quieter
The Potting Kilwinning O1294 272498 Irvine The Potting Shed at Si! serves the Very best artisan food from full holder to 15% off food					are themselves part of the collection.	from 10.00am until 11.30am so visitors can enjoy a calmer opening of the Linthouse
Shed @Si! Road, Irvine, very best artisan food from full holder to 15% off food	The Potting	Kilwinning	01294 272498	Irvine	The Potting Shed at Si! serves the	
			0120727270	11 41110	_	
	31100 601.					

				homemade pancakes and sandwiches during the day, to stonebaked pizzas, pasta, burgers and delicious mains into the evening. Sit back, relax and enjoy a coffee on the sofa, or take a seat in one of the 'sheds'; the ideal meeting place for friends, family and colleagues to enjoy a spot of brunch or delicious cocktails, day or night. We have a dedicated dog friendly area so your well behaved pooches can join you for breakfast, brunch, lunch or dinner.	menus. Vaid from 12pm daily. Not valid in conjunction with any other offer or discounts. Offer does not include any drinks. Not valid on group menus for tables of 12 or more. Promotional menus are excluded from this offer i.e. set menus, fixed price menus and key dates (include but not limited to Valentine's Day,
Sloanes Jewellers	7-9 Bridgegate, Irvine, KA12 8BJ	01294 275737	Irvine	Sloanes is a Scottish family run Jewellery & Giftware Company (est. 1972) in Irvine. Over the years we have branched out and now have three retail outlets in Irvine, Saltcoats & Girvan. We provide a first class Watch & Jewellery Repair Service with fully qualified staff. We also provide instore bead restringing service & in our Irvine branch we have a state of the art computerised engraving facility. We also have many	Mother's Day, Father's Day and Christmas Day).  10% off in store purchases (sale items not included).

				specialist ranges exclusive to us in Ayrshire.	
The Portal Café	66 High Street, Irvine	01294 310 060	Irvine	The Portal and Townhouse caters for local and family history, art exhibitions, community and cultural events, as well as sports and leisure activities. The building comprises of function and exhibition areas, a six lane 25m main pool, a teaching pool, a six-court sports hall, studios, a fitness suite, both wet and dry changing areas, and pool viewing area. All areas of the venue are fully accessible for wheelchair users and those with a disability.	10% for Card Holder only, on presentation of card.

# GARNOCK VALLEY BASED BUSINESSES

Name	Address	Contact	Locality	Description	Discount/Offer
		Details			
Purple Poppy	24 The Cross,	www.PurplePo	Garnock Valley	My name is Gillian and I am a	Helping Carers Take
Wellness	Beith, KA15 1JU	ppyWellness.c		Complementary Therapist with a BSc	Time for Themselves:
		om/		in Integrative Healthcare. Since its	"Caring for others can
				inception, Purple Poppy Wellness	be hard work, and it's
				has grown from a platform for	important to take time
				sharing my passion for aromatherapy	for yourself too. I offer
				and natural skincare into a	relaxing treatments to
				comprehensive wellness service.	help you unwind, feel
				With over eight years of experience, I	at ease, and enjoy
				offer a diverse range of services.	some quiet 'me time' in

		effective wellness, women's health,	a peaceful setting."
			_
		and stress management programs.	Single Treatments
		Whether you're seeking individual	Offer: For individual
		support or looking to enhance the	treatments, I'm happy
		well-being of your team, Purple	to offer a 10% discount
		Poppy Wellness is here to help.	on my therapies priced
			at £45 and above.
			Bespoke Treatment
			Package: I have also
			created a bespoke
			package designed
			specifically for carers.
			This includes three
			one-hour treatments
			for £111, which can be
			redeemed over a six-
			month period. The
			package offers
			flexibility to explore a
			range of therapies—
			whether Reflexology,
			Aromatherapy, or
			another modality—
			ensuring each carer
			has a truly unique and
			relaxing experience.
			"This package lets you
			try different treatments
			and enjoy a little more
			time to unwind and
			time to unwind and

					recharge." Additional
					Wellness Support: As
					a skilled and
					experienced therapist, I
					am dedicated to
					creating a tranquil and
					welcoming
					environment where
					carers can unwind and
					fully immerse
					themselves in self-
					care. In addition to
					individual treatments,
					I'm pleased to offer a
					20% discount on my
					meditation groups,
					which provide a gentle,
					nurturing space to
					practise mindfulness.
					"Our meditation groups
					offer a chance to slow
					down and find calm,
					one small step at a
					time."
Roebank	Roebank Hotel,	0797 373 7857	Garnock Valley	Bar & Restaurant & Events Venue	10% off your food bill.
Hotel/Stag	Roebank Rd,		1		
Bar	Beith, KA15				
	2DX				
	•	•			•
		KILW	INNING BASE	D BUSINESSES	

Name	Address	Contact Details	Locality	Description	Discount/Offer
Tournament Café	Eglinton Country Park, Kilwinning	01294 551 776	Kilwinning	Eglinton Country Park gives you the space and freedom to enjoy a wide range of pursuits - tranquil country walks, play and picnic areas, cycling, horse riding, fishing or simply watching the wildlife world go by. The Tournament cafe offers fresh food, home baking and a selection of hot and cold drinks.	10% for Card Holder only, on presentation of card.
Thorne Travel	153 Main Street, Kilwinning, KA13 6EE	01294 559 949	Kilwinning	Established in 2009, Thorne Travel is a multi award-winning independent Travel Agency with high street branches in Kilwinning, Largs & Prestwick. With a combined experience of over 100 years, our team of Travel Experts are able to answer all of your holiday questions. Our highly knowledgeable team have also travelled the world extensively, giving them first-hand experience of a wide range of destinations and resorts.	Email name and phone number to enquiries@thornetravel .com quoting 'Carers Appreciation Card'. Thorne Travel will call you to arrange an individually tailored discount.
		LARGS AND	NORTH CO	AST BASED BUSINESSES	
Name	Address	Contact Details	Locality	Description	Discount/Offer

Bus Stop Toy Shop	23 Irvine Road, Largs, KA30 8HR	01475 689 892	North Coast	Selling the finest in toys, hobbies and collectibles since 2006. The West Coast's biggest range of Trading Card Games, Wargaming, Role Playing Games, Manga and so much more. In store events 7 days a week. Official Organised Play location for Pokemon, Magic The Gathering, Yu-Gi-Oh!, Warhammer, Dungeons & Dragons and many more.	10% discount on your purchases (excluding Sealed Trading Card booster boxes) in store and on our website. (Please get in touch with us to receive a discount code for our website.)
The Barony Centre Café	50 Main Street, West Kilbride, KA23 9AW	01294 829 179	North Coast	Cafe based in the centre of West Kilbride, serving teas, coffees, fresh homebaking and freshly prepared meals.	10% off food and drink from café menu. **Max of 4 people per transaction, including carer.**
Glass Craft Studio	Studio 99b, Main Street, West Kilbride, KA23 9AR	07951 058 183	North Coast	Welcome to my shop-The Glass Crafts Studio. As the name suggests, I love crafting with Glass or materials for decorating glass. I work from my studio in West Kilbride which is a village on the Ayrshire coast of Scotland. It is known as Craft Town Scotland and has many individual specialist craft studios which are open to the public.	10% off in store purchases (some exclusions may apply, ask in store for details.)
Scottish Country Food	78 Main Street, West Kilbride, North Ayrshire, KA23 9AP	For Meat: 01294 823 112 For fruit and veg: 01292 502 287	North Coast	We are an online distribution company fully certified by North Ayrshire Enviromental Health Authority and sell only the best top	5% off weekly specials and free delivery within 15-mile radius of Irvine.

				quality scottish beef, lamb and pork as well as fresh fruit and veg.	
Waterside Hotel	Ardrossan Road, West Kilbride, KA23 9NG	01294 824 414	North Coast	A stunning family-owned hotel and restaurant along the water's edge in West Kilbride, Ayrshire with panoramic views across the Firth of Clyde to the Isle of Arran. Enjoy a range of luxury accommodation options, from stylish deluxe and family rooms to our exceptional suites.	This offer entitles the holder to 15% off food only from our a la carte menus. Vaid from 12pm daily. Not valid in conjunction with any other offer or discounts. Offer does not include any drinks. Not valid on group menus for tables of 12 or more. Promotional menus are excluded from this offer i.e. set menus, fixed price menus and key dates (include but not limited to Valentine's Day, Mother's Day, Father's Day and Christmas Day).
Prince Therapy	9 Stanlane Pl, Largs KA30 8DA, Email: Joeprincethera py@gmail.com	0789 481 5473	North Coast	Joe is a transformational coach, holistic psychotherapist and certified Breathwork instructor. Joe holds a master's degree in psychology and has worked in the field of mental & emotional health for over twenty years. He brings a calm,	3 hour long sessions of one to one therapy for £99 instead of £199.

		non-judgemental and	
		compassionate energy to his	
		sessions – informed by Non-Violent	
		Communication (NVC) and Internal	
		Family Systems (IFS).	

### THREE TOWNS BASED BUSINESSES

Name	Address	Contact Details	Locality	Description	Discount/Offer
Financial Services Scotland Ltd	1 Glebe Street, Stevenston, KA20 3EN	01294 539 267	Three Towns	Financial and budgeting service based in Stevenston	Free Financial Health Check tailored to your personal circumstances.
Alison Farquharson	www.AWholisti cs.co.uk	0758 133 0027	Three towns	I am a Reiki Practitioner and Holistic Massage Therapist. I believe that a holistic approach to wellbeing can be achieved by anyone through non-medical therapies such as massage and reiki healing which can greatly reduce everyday stress and tension which often manifest into physical symptoms in us all such as muscle tension, headaches, insomnia, poor circulation and poor metabolism.	£5 discount on any treatment booked with the Carers Appreciation Card, call to book or visit the website to see what I can offer.
Genevieve Knox	43 Ardrossan Road, Saltcoats, KA21 5BS	07795 171 479	Three Towns	Make-up and Lash Artist	10% off all treatments, including make-up, lashes and nails.

Premier	The Esplanade,	01294 471 777	Three Towns	Independent Multiplex cinema in	15 to 25 age group
Leisure	Saltcoats, KA8			Saltcoats, visit us for blockbuster	ticket at discounted
	8EX			movies, plus kids' indoor play area	child's price.
				with cafe and film-themed	
				restaurant.	

#### **BUSINESSES OPERATING THROUGHOUT NORTH AYRSHIRE**

Name	Address	Contact Details	Locality	Description	Discount/Offer
Chapter Holistics	Chapterholistic s@hotmail.co m	0751 007 3666	Mobile covering Ayrshire.	Chapter Holistics is a mobile service offering holistic therapies in the comfort of your own home or work place. Our aim is to be accessible to everyone and can tailor each treatment to suit your needs.  Treatments available include, Reflexology, back neck and shoulder massage, Indian Head Massage, Reiki, Espa Facial. All treatments include sound/drum healing. All treatments are suitable for all genders and both adults and children.	£25 for each 1hr treatment, please email or call to bookquoting North Ayrshire Carers Appreciation Card.
North Ayrshire Libraries	Various Across North Ayrshire		All	North Ayrshire library service.	Late fees waived.
KA Leisure	Various Across North Ayrshire	01294 315120	All	Leisure service operating leisure facilities and classes throughout North Ayrshire	16+ memberships E:Active Access + £20.30 per month •

	Young Carers 14+	
	£17.40 per month •	
	Children Inspire	
	Access + • Health	
	checks. Discount on	
	full membership in	
	conjunction with	
	Carers Gateway (for	
	more information on	
	the full membership	
	discount contact	
	Carers Gateway	
	directly).	